

SHOP SMART

Avoid buying out of season foods: As delicious as watermelon and strawberries are, the price is going to significantly increase this month.

Purchase out of season gear: Beach supplies or swimsuits will be highly reduced, so it's a good time to purchase out of season items.

MAKE YOUR OWN

PUMPKIN SPICE LATTE

A PSL can cost up to \$4-6. While this seasonal classic is delicious, you can make one at home for much less.

WEATHERPROOF

YOUR HOME

Check that windows and door frames are caulked and sealed. Heat escapes from the smallest cracks, so safeguard everything to be airtight.

EXCERCISE OUTSIDE

Save on a gym membership and try working out in the crisp autumn weather.

VACATION LOCAL

Save on airfare and take a day trip to view the gorgeous fall colors at a local park.

SAVE ON ENERGY

Manage your thermostat to lower energy consumption when you're away from home.

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